

Responsorial Psalm Response Taste and see the goodness of the Lord.	Gospel Acclamation Alleluia, alleluia! Your words, Lord, are spirit and life, you have the words of everlasting life. Alleluia!
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WEEKEND MASSES	
Epping	5pm Vigil, 8:30am, 10:15am, 6:00pm
Carlingford	6:00pm Vigil, 7:45am, 9:30am

WEEKDAY MASSES	Mon.	Tues.	Wed.	Thur	Fri	Sat.	
EPPING	No Mass	12:15pm	9:15am	12:15pm	12:15pm	9:15am	
CARLINGFORD	9:30am	No Mass	9:30am	10:00am	9:30am	No Mass	

HEALING MASS Carlingford—1st Thursday, Epping — 3rd Wednesday

EXPOSITION OF THE EUCHARIST: Epping Saturday 9:45-10:15am, Carlingford, 4th Thursday 10:00am

SACRAMENT OF RECONCILIATION: Epping Saturday 9:45-10:15am Carlingford Saturday 5:00—5:30pm
OR BY APPOINTMENT

BAPTISMS AND WEDDINGS BY APPOINTMENT

PARISH OFFICE: 29 Oxford Street, Epping NSW 2121 **PH:** 9876 2853 **Email:** parish@eppcarl.org.au

ST GERARD MAJELLA PRIMARY SCHOOL: **PH:** 9871 1633 **Email:** sgc@dbb.catholic.edu.au

OUR LADY HELP OF CHRISTANS PRIMARY SCHOOL: **PH:** 9868 3322 **Email:** olhc@dbb.catholic.edu.au

Lord, in Jesus your Son, you restored to us the gift of Everlasting life. Grant that life to:
Recently deceased: Barbara McCardle (UK), Patricia Amy (sister of Margaret Coonan), Fr Paul Ryan, Marion Barton, Mary McKinnon, Stan Connolly, Tsang Chan Yuk, Marcella Power, Gan Chin Joo, Mrs Tsang, Joan Gurr, Angela Roworth, Peter Flanagan (father of Brendan Flanagan), Margaret Cooke (nee Feld), David Boulton,

Anniversaries: Felipe Yu Soria Sr, Joseph Scully,

Also for: Doreen Farrow,

Please pray for those who are sick: Sean Huhse, Joel Steinberg, Patricia Rumble, Dean Pan, John Davies, Nicole Greenfield, Michael Furlong, Saulius Dovydas Balsya, Residents of Wesley Rayward Nursing Home, Rose Prior, Mark Di Palma, Anthony Conlon, Amy, Andrew Hannam, The Craig Family, Fr Mick Court, Margaret Maher, Cooper Rundell, Anna & Leo Bruzze, Gerhard Stieger, Fred Saad, Ron Jenkins, Mike Van Werdt, Tammy Birch, Dorothea Ellis, Veronica Hartwich, Rebecca Lawler, Ben Thornton, Elaine Finlayson, Greg Walsh, John Gilberti, Stella Nathan, Catherine Walsh, Brendan Stone, Melanie Loudoun, Mary Wijewardana, Pam Taig, Elaine Hunt, Arnold Day, Maureen Carlon, Fr Adrian Borst, Ausustine Hong, Luba Charlton, Tony ?, George Khouri, Martin Sill, Antony Hogan, Ingrid Connor, Steve Toth, Rob Neil, Josie Scully, Martin & Gay Flood, William Jones, Kath McCarthy, Patricia Amy, Nicholas Rajanayagen, Maria Lee, Frank Holmes, Joyce Fewtrell, Patricia Muschalik, Ernest Lau, Robert Carroll.

Due to privacy laws, names of the sick and deceased can only be put in the bulletin with the permission of the immediate family.

**Celebrations this Week—
22nd Week in Ordinary Time**

Monday—Memoria, St Gregory the Great.
Saturday—Feast, The Nativity of the Blessed Virgin Mary.

Date	Mass	Epping	Mass	Carlingford
08/09/18	5:00pm	Fr John Frauenfelder	6:00pm	Fr Joey Frez
09/09/18	8:30am	Fr Peter Dowd	7:45am	Fr Joey Frez
09/09/18	10:15am	Fr Peter Dowd	9:30am	Fr Joey Frez
09/09/18	6:00pm	Fr Peter Dowd		



The Truth Justice and Healing Council
www.thecouncil.org.au
Phone: 6234 0900

**The Catholic Parish of Epping and Carlingford
Diocese of Broken Bay**

Our Lady Help of Christians' Church
31 Oxford Street, Epping and

St Gerard Majella Church
543 North Rocks Road, Carlingford

Parish Priest: Fr Peter Dowd,
Ph.: 9876 2853
Email: peter@eppcarl.org.au

Assistant Priest: Fr Joey Frez
Ph.: 9872 3400
Email: joseph@eppcarl.org.au

Email: parish@eppcarl.org.au **Parish Website:** www.eppcarl.org.au **Parish Office:** 9876

Welcome to our Parish of Epping and Carlingford consisting of our two worshipping communities of St Gerard Majella's at Carlingford and Our Lady Help of Christians at Epping. If you are new to the area or visiting today we are glad that you are with us, and we hope that our celebrations of the Eucharist together will provide both nourishment and challenge on your Christian journey.

YEAR B TWENTY-SECOND SUNDAY IN ORDINARY TIME 2-8-18

Deuteronomy 4:1-2.6-8 James 1:17-18.21-22.27 Mark 7:1-8.14-15.21-23



During September the Parish will actively pray for and raise awareness about Safeguarding especially for our children and most vulnerable.

Masses and events during September will highlight our commitment to being communities of safety and care.

Safeguarding Month—September 2018
‘Communities of Safety and Care’

This coming September is Safeguarding Month and the Office for Safeguarding (Chancery) invites Clergy, staff, volunteers and parishioners to be involved through prayer, education and raising awareness. This will be achieved through;

- PRAYER**
- ◆ Liturgy of Commitment and Care.
 - ◆ All are invited to gather together to acknowledge the suffering caused by abuse of our vulnerable, to give public expression to our sorrow, to seek forgiveness and to make a public commitment to safeguard all.
 - ◆ Tuesday 4th September 2018, 7:00pm at OLOR Cathedral Waitara.

Thank you for your support. If you have any questions please do not hesitate to contact the Offices for Safeguarding (Chancery) on 8379 1605.

FAREWELL FOR FR ANSELAM

As was mentioned last weekend Fr Anselam has been appointed as Assistant Priest to the Holy Name Parish of Wahroonga. At the moment we are proposing to hold a farewell for Fr Anselam on Sunday 16th September, however this will be confirmed in next week's bulletin or in the notices at Mass.

LITURGY OF
COMMITMENT AND Care
4 SEPTEMBER 2018, 7PM
OUR LADY OF THE ROSARY, WAITARA

Got questions
about life



Alpha

**Are Catholics really Christians?
Where can you see what the Catholic Church is about?
Who could I meet with to talk about my questions?**

If you know someone who would like to find answers to their questions about life, who is Jesus, why did he die, how does God guide us, then invite them to Alpha.

They will not know unless someone invites them. They are waiting for a friend, a neighbour, someone who meets them accidentally and says **"Come and See. Come to Alpha at Epping on Wednesday 19th September"**

When people tell their story of why they came, they said:

My friend called me.

I remember my dad said to me "Look there is free food, go."

They handed me an invitation and we said "Why not? Let's go."

I found a really awesome community.

They helped me find who I was, just by listening.

Alpha helped me to know God.

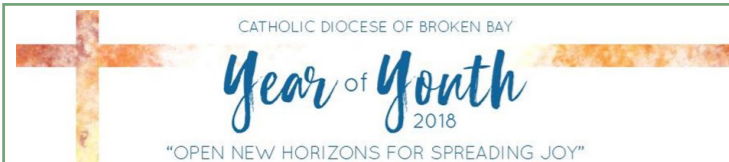
I was a different person from that point on. I knew I had a purpose.

We want to share the Joy and show the Good News we have in Jesus. We want everyone to know his Message of Love. By the way, I am asking you. Will you *Come and See*? Alpha is the easy pathway to find out about Christianity and to find friendships from sharing your faith.

Come to Alpha at Epping, starting at 7pm on a Wednesday over the evening meal in the parish hall.
The first night is an introduction **"Is there more to life?"** on **Wednesday 19th September**.

Just come or let Maree know at the parish office by emailing maree@eppcarl.org.au or ring 9876 2853.

PS. The Alpha team are hosts to our guests and helpers in so many ways. This week the parish will be inviting people to join the team and support all who come to Alpha.



Parish Youth Forum

As part of the Year of Youth celebrations, our Parish of Epping and Carlingford will be holding a Parish Youth Forum. The Youth Forum invites us all to enter into a prayerful discernment about the importance and life-giving presence of young people in the local Church and society. It will be held on

**Sunday 9 September, after the 10:15am Mass
at the Parish Hall at Epping**

We invite you all whether you are young, or not so young to 'Come and have your say' to discuss and share your vision of the future for our young people.

We will have morning tea/light lunch down next to the Parish Hall at 11:15am, followed by the Forum in the Parish Hall. All ages are welcome including youth, young adults, parents, grandparents etc. (12 years old and up).

We will also be holding kids' activities (5-12 years old) in the Parish Meeting Room during the Youth Forum for those who may not want to participate in the Forum.

If you have any questions, please contact Fr Joey at joseph@eppcarl.org.au.



Vinnies NSW Drought Appeal

With 100% of New South Wales declared to be in drought, Vinnies is making a special appeal to raise vital funds for rural communities in need.

You can help keep hard-working farmers of the NSW regional area afloat as they care for their land, their livestock and crops, and most importantly their families.

Donate at www.vinnies.org.au



Secondary School Catechist Dinner held at Borrellis' Italian Restaurant on Saturday, 4th August.

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.

We praise you,

we bless you,

we adore you,

we glorify you,

we give you thanks for your great glory,

Lord God, heavenly King,

O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,

Lord God, Lamb of God, Son of the Father,

you take away the sins of the world,

have mercy on us;

you take away the sins of the world,

receive our prayer;

you are seated at the right hand of the Father,

have mercy on us.

For you alone are the Holy One,

you alone are the Lord,

you alone are the Most High,

Jesus Christ,

with the Holy Spirit,

in the glory of God the Father.

Amen.

AFTER HOURS SICK CALLS—9876 2853

Outside office hours our office phones divert to Fr Peter, Fr Anselm & Fr Joey at home. In the event that they are unavailable, their answering machines will record your message or ring the number given in the message. However, please restrict office and routine enquiries to office hours.

ECUMENICAL RELATIONSHIPS

Our parish is strongly committed to ecumenism and a formal Covenant has been signed with the Anglican Parish of Epping, Epping Uniting Church, West Epping Uniting Church and Epping, Baptist Church.

HAVE YOU TOLD US? If you have recently changed your address, phone number or email. For parishioners who give by credit card, does your credit card expire in the near future? Please give the parish office a call on 9876 2853 if you have received a new credit card and/or a new expiry date.

THE NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;

through him all things were made.
For us men and for our salvation
he came down from heaven,
At the words that follow, up to and including 'and became man', all bow.

and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

ADMITTED TO HOSPITAL

A reminder that if you are admitted to hospital to please ensure that you write down your religion as Catholic on the admission form, so that you can receive Catholic services during



ANYONE CAN CHANGE A LIFE

WE NEED FOSTER CARERS

There are children on the Central Coast who have been through experiences few of us could begin to imagine and who, without our help, will go through childhood without the love and support of a family.

We are looking for everyday families who might consider taking a child or young person into their home - to love and support them whether for one or two nights, a few weeks, months or permanently through adoption.

INFORMATION EVENING

Tuesday 11 September 6.00pm
Suite 1, 32 Central Coast Highway, West Gosford

If you would like to join us for a casual chat
P: (02) 4320 7700
E: heather.huff@catholiccaredbb.org.au
W: www.catholiccaredbb.org.au/fostrercare

We are the social care and support agency of the Catholic Church in the Diocese of Broken Bay.

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Reflection on this Sunday's Gospel: The Heart of the Matter

The people in this week's Gospel are quarreling about who has and who hasn't washed his hands for dinner. If you were a follower of the Jewish custom in that time, you would know that every person was required to wash up before eating. The rule was "a tradition of the elders," to preserve physical health, of course. But Jesus is now telling people they have to live also from the inner meaning of traditions and laws. So, let us talk about the interior of traditions, rules and laws. Children do not yet have a developed interior value system. As parents know.

"It is bedtime. Let's brush our teeth and get our pajamas on."

"I don't want to."

"I know, it is hard to stop playing and go to bed. I understand. But bedtime is now so let's get started."

"But why?"

"Because we have to get our rest so we can be bright and cheerful tomorrow."

"Why?"

"Because I said so, now get moving."

"Oh mom."

Rules, the right ones, must be imposed upon a child.

"But as people grow up, the child's "why?" question gets answered by experience and maturity. Adults go to bed because they need a certain amount of sleep each night and they know it. Well, at least most do.

Then why must we have rules and laws in the first place? I have heard the following said: rules describe the minimum that should be done in order to belong to a country or state or city or business or group or family. Not too many rules, not too few (which is difficult to achieve). Under the best circumstances, people follow the rules because their allegiance comes from within and they act from their own desire.

Apply this to a group. Take a faith-sharing group, for instance. It has an implicit expectation, even a requirement, that its members be present at each weekly meeting. What if a person shows up only once or twice a year, but when she does, she is the heart-and-soul of the discussion? And what if another person attends every single meeting but contributes nothing and in fact has no interest in the topics?

Neither person really fits well into the group, but which would you rather work with? The seldom-attending one nevertheless has real relevance to the organization and might not need much convincing to come more often (and therefore comply with the rule). But it would be much harder to kindle a fire in the second, wouldn't it, the one who is following the external rule but not its insides.

The interior life of Jesus is the Holy Spirit.

Jesus knew that any law of the Kingdom of God must emerge from love or else be empty. He was upset that Pharisees and Scribes had manipulated exterior laws to feed their own egos. "This people honors me with their lips, but their hearts are far from me."

He is not telling them to ignore the laws and have just inner devotion. He is saying you must have both. Would it be worthwhile for you and me to look at the various obligations in our life and weigh how much correspondence they have to our inner values and convictions?

Maybe that would help us have the right heart both inside and outside!

"This people honors me with their lips, but their hearts are far from me."

John Foley, SJ

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Church and school communities in the Diocese of Broken Bay are once again invited to be involved in the annual ecumenical *Give Us a Sign* campaign which this year will focus on *Season of Creation*, beginning on 1 September and finishing on 4 October. The *Give Us A Sign* campaign emerged out of conversations within the Anglican, Catholic and Uniting Churches in the Hunter and Central Coast as a powerful initiative to highlight Social Justice issues across the wider community.

How to get involved:

- From 1 September to 4 October simply post a message, at least one day EACH week, on your church or school noticeboards to show that you **Stand Together for Creation**. Select from the list of signs available from our website www.giveusasign.org.au or create your own.
- Take a photo of your sign and email it to giveusasign@hotmail.com along with the name of the church or group you are from. A member of our team will then upload the image to the Facebook page and the website.
- Individuals can also participate by taking a picture of themselves with a message to show they Stand Together for Creation and email it to giveusasign@hotmail.com for uploading.
- Choose a bulletin notice from the website for each week during the Season of Creation
- Follow the [Give Us A Sign Facebook page](#)

PARISH DIARY FOR THIS WEEK

Day	Date	Time	Event
Sun.	02/09/18	9:30am	Children's Mass at St Gerard's no Kidz Word
		10:15am	Kidz Word at Our Lady Help of Christians
		6:00pm	PMR Carlingford—Antioch Group meets
Mon	03/09/18	9:00am	PH Epping Little Engines Playgroup
		9:30am	PH Carlingford Gerry's Playgroup
		9:30am	Mass at St Gerard's Church
		7:30pm	CH Carlingford—Rosary Group
Tue.	04/09/18	8:00pm	PMR Carlingford SVdP meeting
		12:15pm	Mass at Our Lady Help of Christians' Church
		6:00pm	CH Carlingford—Antioch Practice
		7:00pm	CH Carlingford Adult Choir practice
Wed.	05/09/18	7:30pm	PMR Epping SVdP meeting at the Epping shop
		9:15am	Mass at Our Lady Help of Christians' Church
		9:30am	Mass at St Gerard's Church
		10:15am	St Gerard's School Class Mass Yr. 3/4B
Thur.	06/09/18	11:00am	Mass at Rayward Nursing Home
		7:00pm	PMR Epping—PPC Meeting
		10:00am	Healing & Anointing Mass at St Gerard's
		12:15pm	Mass at Our Lady Help of Christians
Fri.	07/09/18	7:15pm	PH Epping Growing in Faith—Sharing with Others
		9:30am	Mass at St Gerard's Church
		10:00am	PMR Carlingford—Scripture Reflection
		12:15pm	Mass at Our Lady Help of Christians' Church
Sat.	08/09/18	7:00pm	PH Carlingford Cana Group
		7:30pm	PMR Carlingford Dads' Club
		9:15am	Mass at Our Lady Help of Christians' Church
		9:45am	Exposition and Reconciliation
		10:00am	Confirmation at St Gerard's Carlingford
		10:15am	Benediction
Sun.	09/09/18	12:00pm	Confirmation at OLHC Epping
		5:00pm	Vigil Mass at Our Lady Help of Christians
		5:00pm	Reconciliation at St Gerard's Church
		6:00pm	Vigil Mass at St Gerard's

PH—Parish Hall, CH—Church, PMR— Parish Meeting Room

PARISH STAFF

Parish Secretary:
Dennis Porteous Ph.: 9876 2853
 Email: dennis@eppcarl.org.au

Asst. Parish Secretary
Maree Balzulat Ph.: 9876 2853
 Email: maree@eppcarl.org.au

Pastoral Care Assistant
Maree Balzulat Ph.: 9876 2853
 Email: maree@eppcarl.org.au

Children's Sacramental Coordinator:
Lynn Siau
 Ph.: 0407 255 593
 Email: kids.sacrament@eppcarl.org.au

Sacramental Programme Assistant
Marcella Letteri
 Ph.: 0407 255 593

Cana Youth Group
Ashleigh Belic
 Ph.: 0430 120 015

Blessing of Crosses and Crucifixes . . .



As you know we try to tap into our Church's tradition of punctuating the rhythm of the year with feasts and festivals by observing some of those feasts in a special way so that they might help to relate our faith to the living of our lives.

One of those feast days will soon be upon us. The **Feast of the Triumph of the Cross, Friday 14th September**, celebrates the victory over sin and death that comes through the Cross of Jesus. It is an especially appropriate day each year to bless the cross or crucifix in our sacred space at home.

Please bring along your cross or crucifix from your sacred space at home – these will be blessed at the 12:15am Mass at Our Lady Help of Christians and the 9:30am Mass at St Gerard's.

Flood relief for Kerala, India

As much of eastern Australia battles one of the worst droughts it has experienced for many years, the state of Kerala in India is experiencing massive floods with dreadful destruction. Eighteen of our own priests come from Kerala, and so this is a very anxious time for them. We ask that you keep them and their families in your prayer.

Caritas Australia have established a special emergency appeal for the floods in Kerala. If you would like to donate, please go to <https://www.caritas.org.au/learn/emergency-response/asia-emergency-appeal>





Children's Sacramental Journey Confirmation 2018

What a wonderful journey this has been the past month! Well done to the children and their parents/carers.

Please keep these children and their families in your prayers as they prepare to celebrate Confirmation in our parish on **Saturday, 8th September**.

Confirmation at St. Gerard Majella's Church
10am Liturgy

Confirmation at Our Lady Help of Christian's Church
12pm Liturgy

We always like to hear from you! If you have any queries or would like more information regarding your child's sacramental journey within our parish, please feel free to drop us a line.

Lynn Siau
Children's Sacramental Co-ordinator
0407 255 593
kids.sacrament@epccarl.org.au

THE PARISH PASTORAL COUNCIL MEETING will take place this **Wednesday 5th September** in the parish meeting room at Epping commencing at 7:00pm.

CARLINGFORD HEALING MASS Our monthly Healing Mass will take place *this Thursday, 6th September* at **10:00am** (no 9:30am Mass that day). Please note the Mass will take place in Meeting Room, and morning tea will be served at the conclusion of Mass.

All are welcome to our monthly Healing Masses (on the 1st Thursday of the month at Carlingford and the 3rd Wednesday of the month at Epping) as a time to pray for God's healing strength either for ourselves or those we know. Each third month (Mar, Jun, Sep and Dec) we also celebrate the Sacrament of the Sick (Anointing) within these Masses.

CLASS MASS
Yr. 3/4M Class Mass this **Wednesday 5th September** at **10:15am** at St Gerard's. All class families are welcome!

St. Vincent de Paul "Shop till you Drop" Bargain Bus Day is happening again this year on Saturday 27th October. There are only 45 tickets sold, so it is wise to get in early. Some of the venues will include KB Toys, Debs Hidden Treasure and Manchester Importers, plus many more new and exciting places. The cost of the ticket will be \$60 including morning and afternoon tea and a great venue for lunch. There will be a Drone Camera given away to a lucky shopper on the bus. It will be the best fun day you will have this year. Contact *Marilyn Sharp* on 9872 1436 for further details.



CHARITABLE WORKS FUND APPEAL

Thank you for supporting the August Charitable Works Fund Appeal highlighting the CatholicCare Hospital Chaplaincy and Pastoral Care Practitioner Program (one of the charities supported by the CWF).

The Charitable Works Fund is 100% tax deductible and 98.25cents of every dollar goes to CatholicCare Hospital Chaplaincy and Pastoral Care Practitioner Program – where five Pastoral Care Practitioners reach over 3,000 patients, 700 families and over 180 hospital staff each year across seven hospitals in our Diocese.

- Confraternity of Christian Doctrine – creating and updating the curriculum and training catechists who minister to public school students across the Diocese.
- St Lucy's School – for primary school students with disabilities.
- S Edmund's School – for secondary school students with disabilities.
- Ephpheta Centre – serving the Catholic deaf community.

SHORTFALL AFTER FOURTH WEEK \$4,722

Envelopes can be found at the back of the Church. Please give generously as any shortfall from this appeal will have to be made up from normal parish funds – please support the appeal so that we can avoid this happening. Our Parish quota for this Appeal is \$17,064.

Father's Day Prayer

St Joseph, guardian of Jesus and husband of Mary,

You passed your life in loving fulfilment of duty.

You supported the holy family of Nazareth with the work of your hands.

Kindly protect those Fathers who trustingly come to you.

You know their aspirations, their hardships, their hopes.

They look to you because they know you will understand and protect them.

You too knew trial, labour and weariness.

But amid the worries of material life, your soul was full of deep peace and sang out in true joy through intimacy with God's Son entrusted to you and with Mary, his tender Mother.

Assure those you protect that they do not labour alone.

Teach them to find Jesus near them and to watch over him faithfully as you have done.

Amen

Pope John XXIII

Year of Youth 2018

CANA YOUTH GROUP

If you're in **Years 7-9** come along for a night Jam-packed with FUN & FAITH!
EVERY FRIDAY night of the School Term,
7:30pm - 9pm. In the Parish Hall @ Carlingford

It's a great place to catch up with old friends, and meet some new ones!
Please remember that a small donation when you come to the meeting would really help out with the costs of the night. Thanks.

Ring Ashleigh for any further information
0430 120 015



Catholic Youth Broken Bay CYBB Praisefest

Join young people from across the Diocese for our next **CYBB PRAISEFEST!** Get a chance to catch up with friends while enjoying our pre event Festival, encounter God through vibrant & honest worship, and receive spiritual nourishment through an inspiring and relevant message. We are welcoming the one and only Sr. Rosie Drum, MGL on the night as she speaks on "Make Me A Vessel!"



A light dinner will be provided from 6:00pm before our night begins.

Note: This event is open to high school students through to young adults up to the age of 30.

When: Friday 7 September 2018,

Time: 6:00pm - 9:00pm

Where: Sacred Heart Pymble Parish Hall,
Vehicle Access via 5 Bobbin Head Road,
Pymble

RSVP: youth@bbcatholic.org.au

Mt Carmel Retreat Centre - September Retreats

Where: 247 St Andrews Road, Varroville, NSW, 2566
Ph: 8795 3400 retreats@carmelite.com
www.carmeliteretreats.com.au

Icon painting at Mt Carmel September: 14 - 16
Cost: \$600 (concessions apply) Icon Painting at Mount Carmel

Presenter: Anna Prifti Working with our shadow using Carl Jung and St John of the Cross

September: 14 - 16 Cost: \$250 (concessions apply)
Working with our shadow using Carl Jung and St John of the Cross

Presenter: Anne Donald

Deep into the thicket September: 28 - 30 Cost: \$250 (concessions apply)
Deep into the thicket
Presenter: Sr Nory Ordiz, CM

OUR PARISH ANTIOCH COMMUNITY:

There is NO meeting for this Sunday

Happy Fathers' Day to all dads
love & prayers always
from your Antioch Youth Team.

Donna—0498 935 580

Joanne—0416 030 927

"It was at Antioch that the believers were first called Christians."
~Acts 11:26



BEYOND OUR PARISH

2018 Diocesan Children's Choir Games will be held on Sunday 21st October, at St Philip Neri Church, Northbridge.

Open to any young singer from Year 2 to Year 12. Registration opens at 12:30pm, followed by workshops and rehearsals plus a break for socialising. Families and friends are invited to join the action at 3pm and watch the choirs compete. Afternoon tea for all will be provided after the Games.

Registration \$5.00 per singer.
Places are limited—please RSVP to music@lms.org.au or 9958 8846.

"MORE ALIVE, MORE HUMAN" - join us for a weekend silent retreat guided by Verbum Dei Missionaries at Hartzer Park, Bowral on Sept 28- 30. All ages welcome. For more info contact Louise on 0402374751 or email verbumdeisydney@gmail.com

MOUNT ST BENEDICT CENTRE – Benedict's Tools for Peace

In the business of today's fast paced, noisy and ever changing world we long for peace- in our hearts, in our homes, in our workplaces. This day of reflection will immerse you in the ancient wisdom of the Rule of St Benedict, who in his "little rule for beginners" provides practical tools for living a life of peace with oneself and the world. We invite you to come and explore Benedict's way to peace in a day of prayer and reflection.

Date: Saturday 8 September

Time: 10am-3pm

Cost: Gold Coin Donation - Morning Tea provided, BYO Lunch.

Reserve your place by email
mtstbenedict@goodsams.org.au or ph 8752 5390

Where: 449D Pennant Hills Road. Entrance off Hull Road.

